

# Trending NIC Student Needs

Dean of Students Office

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North

Interim Provost  
Lloyd Duman

Associate Dean of  
Instruction  
Health Professions  
Erlene Pickett

Dean of Instruction  
Workforce Education  
Vicki Isakson

Dean of Students  
Alex Harris

Dean of Enrollment  
Services  
Tami Haft

Dean of Instruction  
Transfer and General  
Education  
Sherry Simkins

Director of  
Athletics  
and  
Recreation

Director of  
Children's  
Center

Manager  
Residence  
Life

Director  
DSS, Health  
&  
Counseling

Security  
Supervisor

Coordinator  
Student  
Involvement/  
Development



Compared to the rest of Idaho, the Coeur d'Alene area Fair Market Rate is more expensive than 94% of the state.

The average age of an NIC student is **26**, living with parents ofn no  
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# Food Insecurity

- Food Pantry Visitors 22

# Health and Mental Health

- Faculty and Staff report a lack of student engagement at higher levels than ever.
- Procrastination, mental health, motivation, and an overall lack of ability to cope—students need coping skills, mental health support and help becoming more resilient to be successful students.

# Health and Mental Health

- Students often report lack of access to resources for mental health services in our community. We currently have one full time counselor for all NIC students.
- Students also report barriers to accessing medical care providers for disability diagnosis needed for accommodations.

# What are we doing? What do we need?

- Bringing together previously disconnected services to provide more opportunities for access.
- Connecting with community partners for referrals.
- Beginning work with Idaho higher education institutions to address mental health issues statewide.
- Expand mental health services for students.
- Explore new ways to build student's resiliency.
- Explore student housing options.